



Leisure Program

Bowling

WINTER-SPRING
2020

CentreGold<sup>MC
TM</sup>

BOWLING CLUB

**This program is made possible by the Miriam Foundation
through the generous support of the Azrieli Foundation**

Bowling is a great and fun activity, enjoyed by all ages and abilities. Bowling provides the opportunity to be physically active as well as to socialize with new and old friends. The Bowling Club will run like a real league, with the group enjoying a friendly competition amongst themselves. The group will play three games together. Travel to and from the bowling alley will be organized by the home or case managers, or by the participant, if possible.

THE OBJECTIVES OF THE BOWLING CLUB:

- To develop and to practice the skills of cooperation and collaboration with others.
- To interact effectively and supportively with the other group members.
- To interact effectively with the animators of the group.
- To develop inter-dependant friendships with the other members of the group.
- To have fun doing all of the above.

THE CRITERIA FOR PARTICIPATION IN THE BOWLING CLUB:

- Participants will be 18 or older.
- Participants must have the verbal and social skills that will enable them to participate in a group without interfering with the enjoyment of others in the group.
- Participants must have receptive verbal skills; be able to comprehend and respond to information and direction given to them by the animators.
- Participants must be able to participate in a group with a staff ratio of two animators to 12 participants.

THE RESPONSIBILITIES OF THE HOUSE OR CASE MANAGER OF THE PARTICIPANTS:

- To ensure that all information forms are completely filled out before the start date of the program and that animators are made aware of any changes promptly.
- To ensure that any new medication regimes or changes to them are conveyed orally and in writing to the animators of the group.
- To ensure that each participant comes dressed in clothing appropriate for the weather and the activity.
- To ensure that no participant comes when sick, ill, or feverish.
- To ensure that each participant is carrying complete and up-to-date identification.

- To ensure that each participant comes to the activity with bus tickets, pass or taxi tickets, needed to safely return home.
- **In cases where Adapted Transport is being organized, to ensure that a participant does not arrive more than 15 minutes before the group begins and does not leave more than 15 minutes after the activity has ended.**
- To provide the animators of the group with replacement emergency telephone numbers if and when needed.

SCHEDULE AND FEES:

- The Bowling Club will begin on Wednesday, January 29, 2020 and run for 22 weeks until Wednesday, June 17, 2020.
- The group will meet at the Rose Bowl, 6510 rue St. Jacques; the group will run from 6:00 to 8:00 pm.
- The cost of participation is \$80.00.
- This group will need a minimum of 6 participants and a maximum of 12.

INFORMATION AND REGISTRATION:

Nina Chepurniy
514 345 8330 ext. 203
info@goldlearningcentre.com

POLICIES:

Registration forms and payment in full must be submitted before the deadline or participants will not be allowed to join. **The deadline is January 15, 2020**

Payment must be made either in cash or with a cheque; credit card payments will no longer be accepted.

Groups may be cancelled due to insufficient registrants.

Participants must carry photo ID with them at all times.

There will be no groups on the following days:

April 8 and 9 – Passover

April 10, 11, 12, and 13 – Easter

May 16, 17 and 18 – Victoria Day