



Leisure Program
Coffee Club
WINTER-SPRING
2019

CentreGold^{MC}_{TM}

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COFFEE CLUB

**This program is made possible by the Miriam Foundation
through the generous support of the Azrieli Foundation**

Often, in the lives of our clients, weekends can be very long periods of time without much activity. Particularly for clients who are not very physically active, Saturday and Sunday can be a period when no organized or scheduled activities take place. For clients who depend on Adapted Transport and assistance in coordinating and overseeing their activities, weekends can be challenging and a frustratingly lonely time. Simply going out for coffee can be a highlight of the weekend for clients who are not as active but who still enjoy social outings.

Meeting at specific, pre-determined Metro stations, one staff will accompany four participants to a coffee shop. Together with the animator, the group will decide whether they will meet at the same coffee shop each week or visit a new café each time. Travel to and from the coffee shop will be organized by the home or case managers, or by the participant.

THE OBJECTIVES OF THE COFFEE CLUB:

- To provide an opportunity for a weekend outing in an informal and semi-structured way.
- To develop inter-dependant friendships with the other members of the group.
- To provide a fun weekend activity.
- To develop and to practice appropriate social behaviours in the community.
- To have fun doing all of the above.

THE CRITERIA FOR PARTICIPATING IN THE COFFEE CLUB:

- Participants will be 18 years or older.
- Participants must have receptive verbal skills; be able to comprehend and respond to information and direction given to them by the animators.
- Participants must be able to participate in a group with a staff ratio of one animator to four participants.
- Participants must have social skills that allow them to travel safely on public transportation or with Adapted Transport, to integrate into activities in the community without interfering with the enjoyment of others and to interact with the animators of the group.
- Participants to bring with them enough money to purchase a beverage and snack, if so desired.

THE RESPONSIBILITIES OF THE HOUSE OR CASE MANAGER OF THE PARTICIPANTS:

- To ensure that all information forms are completely filled out before the start date of the program and that animators are made aware of any changes promptly.
- To ensure that any new medication regimes or changes to them are conveyed orally

and in writing to the animators of the group.

- To ensure that each participant comes dressed in clothing appropriate for the weather and the activity.
- To ensure that no participant comes when sick, ill, or feverish.
- To ensure that each participant is carrying complete and up-to-date identification.
- To ensure that each participant comes to the activity with bus tickets, pass or taxi tickets, needed to safely return home.
- **In cases where Adapted Transport is being organized, to ensure that a participant does not arrive more than 15 minutes before the group begins and does not leave more than 15 minutes after the activity has ended.**
- To provide the animators of the group with replacement emergency telephone numbers if and when needed.

SCHEDULE AND FEES:

- Different Coffee Clubs will meet on either Saturdays or Sundays, from 9:30 am to 11:30 am or from 1:30 pm to 3:30 pm.
- Beginning the weekend of January 26/27, 2019, each Coffee Club will meet once a weekend for 20 weeks until the weekend of June 15/16, 2019 (EXCEPT AS NOTED BELOW).
- Cost for participation will be \$20.00. In addition, participants must bring money each week to purchase their own beverage and snack, if desired.
- Each group will need a minimum of 3 participants and a maximum of 4.

INFORMATION AND REGISTRATION:

Nina Chepurniy / Louise Valin
514 345 8330 ext. 319
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POLICIES:

Registration forms and payment in full must be submitted before the deadline or participants will not be allowed to join. **The deadline is January 16, 2019.**

Payment must be made either in cash or with a cheque; credit card payments will no longer be accepted.

Groups may be cancelled due to insufficient registrants.

Participants must carry photo ID with them at all times.

There will be no groups on the following days:

Easter-Passover—April 19, 20, 21, and 22

Victoria Day/National Patriots Day – May 18, 19, and 20