



Leisure Program
**Good Rockin'
Tonight**

FALL 2019

CentreGold<sup>MC
TM</sup>

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GOOD ROCKIN' TONIGHT

**This program is made possible by the Miriam Foundation
through the generous support of the Azrieli Foundation**

Going out dancing is great fun. Everyone enjoys meeting up with friends and having a good time. Good Rockin' Tonight is a weekly dance party where new and old friends get to enjoy great music (we have our own DJ!), lots of dancing and some light snacks and refreshments.

The group starts at 7:00 pm and finishes at 9:00 pm. Travel to and from the Gold Centre will be organized by the home or case managers with people arriving as close to 7:00 pm as possible and not before 6:45 and pick up to return home as close to 9:00 pm as possible and not after 9:15. People will travel by public transportation or by Adapted Transport, depending on need and ability.

The Objectives of GOOD ROCKIN' TONIGHT:

- For the participants to practice their social skills in a social setting.
- To interact effectively with the other group members and with the animators of the group.
- To develop and to reinforce inter-dependant friendships with the other members of the group.
- To have fun doing all of the above.

The criteria for participation in GOOD ROCKIN' TONIGHT:

- Participants must be 18 or older.
- Participants must be physically able to get from place to place with only minimal assistance from the animators.
- Participants must have social skills that allow them to integrate into the group without interfering with the enjoyment of others and interact cooperatively with the group animators.
- Participants must have receptive verbal skills; be able to comprehend and respond to information and direction given to them by the animators.
- Participants must not have behaviours that consistently will prevent them or the group from participating in planned activities or that demand one to one attention from the animators.
- Participants must be able to participate in a loosely structured group in a secure setting with a staff ratio of two animators to thirty-five or more participants.
- Participants must be independent in their eating, drinking and toileting.
- Participants may come with an accompanier to enable them to meet all of the above criteria.
- To participate in the activities or to sit them out without disruption.
- To respond to the suggestions and direction of the animators and to comply with the safety and security rules and to stay within the allotted area of the Gold Centre building in all situations.

THE RESPONSIBILITIES OF THE HOUSE OR CASE MANAGER OF THE PARTICIPANTS:

- To ensure that all information forms are completely filled out before the start date of the program and that animators are made aware of any changes promptly.
- To ensure that any new medication regimes or changes to them are conveyed orally and in writing to the animators of the group.
- To ensure that each participant comes dressed in clothing appropriate for the weather and the activity.
- To ensure that no participant comes when sick, ill, or feverish.
- To ensure that each participant is carrying complete and up-to-date identification.
- To ensure that each participant comes to the activity with bus tickets, pass or taxi tickets, needed to safely return home.
- **In cases where Adapted Transport is being organized, to ensure that a participant does not arrive more than 15 minutes before the group begins and does not leave more than 15 minutes after the activity has ended.**
- To provide the animators of the group with replacement emergency telephone numbers if and when needed.

SCHEDULE AND FEES:

- Good Rockin' Tonight will begin on Saturday, September 21, 2019 and run for 12 weeks until Saturday, December 14, 2019 (EXCEPT AS NOTED BELOW).
- The group will meet at the Gold Centre, 5331 Ferrier, **from 7:00-9:00 pm.**
- The cost of participation is \$25.00.
- This group will need a minimum of 20 participants and a maximum of 45.

INFORMATION AND REGISTRATION:

Nina Chepurniy / Louise Valin
514 345 8330 ext. 203
info@goldlearningcentre.com

POLICIES:

Registration forms and payment in full must be submitted before the deadline or participants will not be allowed to join. **The deadline is September 11, 2019.**

Payment must be made either in cash or with a cheque; credit card payments will no longer be accepted.

Groups may be cancelled due to insufficient registrants.

Participants must carry photo ID with them at all times.

There will be no groups on the following days:

September 28, 29 – Rosh Hashana

October 8, 9 – Yom Kippur

October 12, 13, 14 – Thanksgiving