



Leisure Program

Music—
Drumming

FALL 2018

CentreGold<sup>MC
TM</sup>

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MUSIC-DRUMMING CLUB

**This program is made possible by the Miriam Foundation
through the generous support of the Azrieli Foundation**

Our memories are stimulated by the music we hear. We are the culmination of our personal memories.

The Music-Drumming Club will be a group of eight men and women who meet to listen to popular music as well as learn and explore various drumming techniques. For the music component, the group will discuss and appreciate the popular music of the past six decades. People will share their love and recollections of old favourites.

During the drumming segment of the group, the participants will use various percussion instruments, ranging from bongo drums to hand shakers, and will learn about beats and rhythms. They will work together to create their own music, follow a beat, and, in general, participate in very lively, energetic and musical jam-sessions! It will get a little noisy! Travel to and from the Gold Centre will be organized by the home or case managers, or by the participant themselves, if possible.

THE OBJECTIVES OF THE MUSIC-DRUMMING CLUB:

- To develop and to practice the skills of cooperation and collaboration with others.
- To express an appreciation for a body of popular music held in common with others
- To learn various drumming techniques and rhythms
- To support each other and the group as a whole by listening to the opinions and recollections of each other
- To interact effectively with the other group members.
- To interact effectively with the animators of the group.
- To develop inter-dependant friendships with the other members of the group.
- To have fun doing all of the above.

THE CRITERIA FOR PARTICIPATION IN THE MUSIC-DRUMMING CLUB:

- Participants will be 18 or older.
- Participants must have the verbal and social skills that will enable them to participate without interfering with the enjoyment of others in the group.
- Participants must have receptive verbal skills; be able to comprehend and respond to information and direction given to them by the animators.
- Participants must be able to participate in a group with a ratio of 1 animator to 8 participants.

THE RESPONSIBILITIES OF THE HOUSE OR CASE MANAGER OF THE PARTICIPANTS:

- To ensure that all information forms are completely filled out before the start date of the program and that animators are made aware of any changes promptly.

- To ensure that any new medication regimes or changes to them are conveyed orally and in writing to the animators of the group.
- To ensure that each participant comes dressed in clothing appropriate for the weather and the activity.
- To ensure that no participant comes when sick, ill, or feverish.
- To ensure that each participant is carrying complete and up-to-date identification.
- To ensure that each participant comes to the activity with bus tickets, pass or taxi tickets, needed to safely return home.
- **In cases where Adapted Transport is being organized, to ensure that a participant does not arrive more than 15 minutes before the group begins and does not leave more than 15 minutes after the activity has ended.**
- To provide the animators of the group with replacement emergency telephone numbers if and when needed.

SCHEDULE AND FEES:

- The Music-Drumming Club will begin on Sunday, September 30, 2018 and run for 12 weeks until Sunday, December 22, 2018. (EXCEPT AS NOTED BELOW).
- The group will meet at the Gold Centre, 5331 Ferrer, from 2:00 to 3:30 pm.
- The cost of participation is \$15.00.
- This group will need a minimum of 4 participants and a maximum of 8.

INFORMATION AND REGISTRATION:

Nina Chepurniy / Louise Valin
 514 345 8330 ext. 319
info@goldlearningcentre.com

POLICIES:

Registration forms and payment in full must be submitted before the **deadline of September 19, 2018** or participants will not be allowed to join.

Payment must be made either in cash or with a cheque; credit card payments will no longer be accepted.

Groups may be cancelled due to insufficient registrants.

Participants must carry photo ID with them at all times.

**There will be no groups on the following days:
 October 6, 7, 8 – Thanksgiving**