



Leisure Program
**Next Chapter
Book Club**
WINTER-SPRING
2019

CentreGold<sup>MC
TM</sup>

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NEXT CHAPTER BOOK CLUB

**This program is made possible by the Miriam Foundation
through the generous support of the Azrieli Foundation**

Book clubs are a very popular pastime for many people, as is simply reading for pleasure. The interest in and ability to read of our participants is often over-looked. This Montreal branch of the Next Chapter Book Club, which originated from Ohio State University*, is a book club set up for adults with special needs, regardless of their reading abilities. The book club will read popular novels based on the interests of the participants and spend each weekly meeting reading and discussing the various novels.

The group will meet weekly in a coffee shop at a local Montreal book store. Travel to and from the book store will be organized by the home or case managers, or by the participant themselves, if possible.

* For more information about the Next Chapter Book Club, visit their web-site:
<http://chaptersahead.org/what-we-do/next-chapter-book-club/>

THE OBJECTIVES OF THE NEXT CHAPTER BOOK CLUB:

- To read popular novels with assistance and to do so in the company of other people who enjoy reading and listening to stories
- To develop and to practice the skills of cooperation and collaboration with others.
- To express opinions and ideas about a novel in a facilitated environment
- To support each other and the group as a whole by listening to the opinions and of each other
- To interact effectively with the other group members.
- To interact effectively with the animator of the group.
- To develop inter-dependant friendships with the other members of the group.
- To have fun doing all of the above.

THE CRITERIA FOR PARTICIPATION IN THE NEXT CHAPTER BOOK CLUB:

- Participants will be 18 or older.
- Participants must have the verbal and social skills that will enable them to participate without interfering with the enjoyment of others in the group.
- Participants must have receptive verbal skills; be able to comprehend and respond to information and direction given to them by the animators.
- Participants must be able to participate in a group with a ratio of 1 animator to 8 participants.

THE RESPONSIBILITIES OF THE HOUSE OR CASE MANAGER OF THE PARTICIPANTS:

- To ensure that all information forms are completely filled out before the start date of the program and that animators are made aware of any changes promptly.
- To ensure that any new medication regimes or changes to them are conveyed orally and in writing to the animators of the group.
- To ensure that each participant comes dressed in clothing appropriate for the weather and the activity.
- To ensure that no participant comes when sick, ill, or feverish.
- To ensure that each participant is carrying complete and up-to-date identification.
- To ensure that each participant comes to the activity with bus tickets, pass or taxi tickets, needed to safely return home.
- **In cases where Adapted Transport is being organized, to ensure that a participant does not arrive more than 15 minutes before the group begins and does not leave more than 15 minutes after the activity has ended.**
- To provide the animators of the group with replacement emergency telephone numbers if and when needed.

SCHEDULE AND FEES:

- The Next Chapter Book Club will begin on Friday, February 1, 2019 and run for 20 weeks until Friday, June 21, 2019.
- The group will meet at a Concordia University, 1455 De Maisonneuve Blvd, from 6 pm to 7:30 pm.
- The cost of participation is \$40.00 and includes the cost of books.
- This group will need a minimum of 3 participants and a maximum of 5.

INFORMATION AND REGISTRATION:

Nina Chepurniy / Louise Valin
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POLICIES:

Registration forms and payment in full must be submitted before **the deadline of January 16, 2019** or participants will not be allowed to join.

Payment must be made either in cash or with a cheque; credit card payments will no longer be accepted.

Groups may be cancelled due to insufficient registrants.

Participants must carry photo ID with them at all times.

There will be no groups on the following days:

Easter-Passover—April 19, 20, 21, and 22

Victoria Day/National Patriots Day – May 18, 19, and 20