



Leisure Program  
**Urban Society**  
2018-2019

**CentreGold**<sup>MC</sup><sub>TM</sub>

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## THE URBAN SOCIETY

**This program is made possible by the Miriam Foundation  
through the generous support of the Azrieli Foundation**

The Urban Society meets alternate Sunday mornings, twenty times between September and June inclusively, at the de la Savanne Metro station. The group meets at 10:00 in the morning, will leave there by 10:15 and will return to the de la Savanne Metro station between 4:30 and 5:00 pm.

Most activity days will consist of some combination of seasonal activities, special events in the city or area at the time, lunch, shows, and parades, swimming or skating. Travel from place to place will be by public transportation; the group is geared to individuals who can walk comfortably for the time frame of the daily outing.

The activities will reflect the interests and be planned with reference to the needs and abilities of the participants. Travel to and from the de la Savanne Metro station will be organized by the home or case managers, or by the participant themselves, if possible.

### **THE OBJECTIVES OF THE URBAN SOCIETY:**

- To experience and to use the leisure and recreation resources in the community.
- To develop and to practice appropriate social behaviours in the community.
- To develop and to practice community street safety.
- To experience and to use public transportation.
- To develop and to practice the skills to interact safely and effectively with others in the community.
- To interact effectively with the other group members.
- To interact effectively with the animators of the group.
- To develop inter-dependant friendships with the other members of the group.
- To have fun doing all of the above.

### **THE CRITERIA FOR PARTICIPATION IN THE URBAN SOCIETY:**

- Participants must be between the ages of 25 and 39.
- Participants must be physically able to travel by public transportation and to walk from place to place with only minimal assistance from the animators.
- Participants must have social skills that allow them to travel safely on public transportation, to integrate into activities in the community without interfering with the enjoyment of others and to interact with the animators of the group.
- Participants must have receptive verbal skills; be able to comprehend and respond to information and direction given to them by the animators.
- To participate in the activities.
- To carry personal identification.
- To respond to the direction of the animators and to comply with safety and security rules.
- To comply with the requirement to stay always within the view of the animators.
- To walk from place to place within the group and in front of the animator who will walk at the back of the group.

- Participants must not have behaviours that will prevent them and the group from integrating into and participating in usual activities or that will demand one to one attention from the animators, nor may they have medical or physical conditions that may endanger themselves, other members of the group or members of the public.
- Participants must be able to participate in a group with a staff ratio of two animators to six participants.
- Participants may be required to come with an accompanier to enable them to meet all of the above criteria.

**THE RESPONSIBILITIES OF THE PARENTS OR CASE MANAGERS OF THE PARTICIPANTS:**

- To ensure that all information forms are completely filled out annually and are kept up to date.
- To ensure that any new medication regimes or changes to them are conveyed orally and in writing to the animators of the group.
- To ensure that each participant comes to the day's activities dressed in clothing appropriate for the weather and the activity.
- To ensure that each participant is carrying complete and up-to-date identification.
- To ensure that each participant comes to the day's activities with the agreed upon amount of money and a bus pass loaded with a minimum of 3 tickets.
- To provide the animators of the group with replacement emergency telephone numbers if and when necessary.

**SCHEDULE AND FEES:**

The cost for the URBAN SOCIETY is \$200.00

This group meets on alternate Sundays from 10:00am to 4:30pm  
 Dates for the 2018-2019 session:

September 30, 2018	January 13, 2019	April 14, 2019
October 14, 2018	January 27, 2019	April 28, 2019
October 28, 2018	February 10, 2019	May 5, 2019
November 11, 2018	February 24, 2019	May 26, 2019
November 25, 2018	March 10, 2019	June 2, 2019
December 9, 2018	March 24, 2019	June 16, 2019
December 23, 2018	April 7, 2019	

**INFORMATION AND REGISTRATION:**

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**POLICIES:**

Registration forms and payment in full must be submitted before the **deadline of September 19, 2018** or participants will not be allowed to join.

Groups may be cancelled due to insufficient registrants.