

HORRAIRE | SCHEDULE

SESSION HIVER-PRINTEMPS 2021 WINTER-SPRING SESSION

PROGRAMMES DE LOISIRS POUR ADULTES AZRIELI ADULT LEISURE PROGRAMS



POLICIES:

- Participants must have access to a computer to join these activity. Links/invitations will be sent out by the animator, on a weekly basis, and by a specific day before the scheduled activity.
- Registration forms, completed in full, must be submitted before the deadline or participants will not be allowed to join. The deadline is January 20, 2021.
- Groups may be cancelled due to insufficient registrants.
- SVP, prenez note que les programmes de loisirs pour adultes sont offerts en anglais.

MIRIAM INTERVENTION ADULT LEISURE PROGRAMS 2021 WINTER-SPRING SESSION SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 PM						BAKING CLUB 12 - 2 PM	
1:00 PM					LOW-IMPACT RESISTANCE CLASS 1 - 2 PM		
2:00 PM						LOW-IMPACT RESISTANCE CLASS 2 - 3 PM	COFFEE CHECK-IN 2 -3 PM
3:00 PM							
4:00 PM			STORYTELLING GROUP 4 - 5 PM				
5:00 PM			COFFEE CHECK-IN 5 - 6 PM		ARMCHAIR TRAVELLERS 5 - 6 PM		
6:00 PM	GLEE 6 - 7 PM	YOGA 6 - 7 PM	BINGO 6 - 8 PM	NEXT CHAPTER BOOK CLUB 6 - 7:30 PM			

INFORMATION & REGISTRATION:

Nina Chepurniy: Tel. 514.345.8330 ext. 203 | ninac@goldlearningcentre.com